



Qualification Specification

A learner's guide to the:

QNUK Level 3 Award in First Aid at Work (QCF)

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INTRODUCTION

1 INTRODUCTION

1.1 This qualification specification outlines the key information related to the QNUK Level 3 Award in First Aid at Work (QCF)

2 QUALIFICATION PURPOSE

2.1 This qualification provides the knowledge and skills required of first aiders, as outlined in the Health and Safety (First aid) Regulations 1981 (NI 1982).

3 QUALIFICATION OBJECTIVE

3.1 This is a qualification that indicates an individual can undertake a specific role in the workplace and that may be relied upon by employers.

4 QUALIFICATION STRUCTURE

4.1 This qualification comprises two units. The learning outcomes and assessment criteria can be found in section 8

4.2 Qualification title

4.2.1 QNUK Level 3 Award in First Aid at Work (QCF)

4.3 Qualification accreditation number

4.3.1 600/8161/2

4.4 Qualification level

4.4.1 Level 3

4.5 Credit value

4.5.1 3

4.6 Guided learning hours (GLH)

4.6.1 6

4.7 Total Qualification Time (TQT)

4.7.1 24

4.8 Unit one title

4.8.1 Emergency First Aid in the Workplace

4.9 Unit one reference number

4.9.1 A/504/4517

4.10 Unit two title

4.10.1 Recognition and Management of Illness and Injury in the Workplace

4.11 Unit two reference number

4.11.1 F/504/4518

5 PRE-REQUISITES

5.1 It is recommended that learners have a minimum of Level 1 literacy and numeracy or equivalent.

5.2 This qualification is for those over 14 years of age.

5.3 Candidates should be physically capable of providing first aid, such as CPR to a casualty on the floor.

5.4 There are no other pre-requisites for this qualification.

6 GEOGRAPHICAL COVERAGE

6.1 This qualification is available to learners in England, Wales and Northern Ireland. The Qualification can be delivered in other countries however learners should be aware that the protocols meet current UK guidelines.

7.1 ACCEPTABLE FORMS OF I.D.

7.1.1 The list below outlines acceptable forms of identification for learners undertaking a regulated qualification with Qualifications Network.

7.1.2 Ideally learners should provide at least 1 form of photo I.D. If photo I.D is not available, 2 forms of non-photographic I.D can be produced.

7.1.3 Acceptable forms of photographic I.D (1 required) are:

- Signed UK Photo card driving licence
- Signed passport (any nationality)
- Valid EU Photo identity card
- SIA security licence (with photo)
- Current and valid warrant card issued by HM forces or Police
- Current and valid Prison service card (with photo)
- Proof of age card
- Employee photo identification card
- Firearms license (with photo)

7.1.4 Acceptable forms of non-photographic I.D (2 required) are:

- Current driving license – paper version
- Birth certificate
- Marriage/civil partnership certificate
- Mortgage statement (issued within past 12 months)
- Bank or building society statement (issued within last 3 months)
- Bank or building society account opening confirmation letter (issued within last 3 months)
- Credit card statement (issued within last 3 months)
- Pension or endowment financial statement (issued within last 12 months)
- P45 or P60 statement (issued within last 12 months)
- Council tax statement (issued within last 12 months)
- Valid work permit or visa issue by UK government
- Utility bill – excluding mobile phone bill (issued within last 3 months)
- Benefit statement e.g. child benefit, pension (issued within last 3 months)

8 UNITS OF ASSESSMENT

8.1 Each learner should successfully be assessed against the assessment criterion outlined below.

8.2 **Learning outcome**
The learner will:

Assessment Criteria
The learner can:

1	Understand the role and responsibilities of a first aider.	1.1	Identify the role and responsibilities of a first aider.
		1.2	Describe how to minimise the risk of infection to self and others.
		1.3	Identify the need for establishing consent to provide first aid.
		1.4	Complete an accident report form.
		1.5	Identify the first aid equipment that should be available in a workplace.
		1.6	Describe the safe use of first aid equipment.
2.	Be able to assess an incident.	2.1	Conduct a scene survey.
		2.2	Conduct a primary survey of a casualty.
		2.3	Give examples of when to call for help.
3.	Be able to manage an unresponsive casualty who is breathing normally.	3.1	Assess a casualty's level of consciousness.
		3.2	Open a casualty's airway and check breathing.
		3.3	Explain why it is important to place an unconscious casualty into the recovery position.
		3.4	Place an unresponsive casualty in the recovery position.
		3.5	Manage a casualty who is in seizure.
4.	Be able to manage an unresponsive casualty who is not breathing normally.	4.1	Recognise the need to commence Cardio Pulmonary Resuscitation.
		4.2	Demonstrate Cardio Pulmonary Resuscitation using a manikin.
5.	Be able to recognise and assist a casualty who is choking.	5.1	Describe how to identify a casualty with a <ul style="list-style-type: none"> • Partially blocked airway • Completely blocked airway
		5.2	Administer first aid to a casualty who is choking.
6.	Be able to manage a casualty with external bleeding.	6.1	Identify the types of external bleeding.
		6.2	Control external bleeding.
7.	Be able to manage a casualty who is in shock.	7.1	Recognise shock.
		7.2	Administer first aid to a casualty who is in shock.
8.	Be able to manage a casualty with a minor injury.	8.1	Administer first aid to a casualty with small cuts, grazes and bruises
		8.2	Administer first aid to a casualty with minor burns and scalds.
		8.3	Administer first aid to a casualty with small splinters

8.2

Learning outcome

The learner will:

Assessment Criteria

The learner can:

1.	Be able to conduct a secondary survey.	1.1	Identify the information to be collected when gathering a casualty history.
		1.2	Conduct a head to toe survey.
2.	Be able to administer first aid to a casualty with injuries to bones, muscles and joints.	2.1	Recognise suspected; <ul style="list-style-type: none"> •Fractures •Dislocations •Sprains and strains
		2.2	Administer first aid for; <ul style="list-style-type: none"> •Fractures •Dislocations •Sprains and strains

3.	Be able to administer First Aid to a casualty with suspected head and spinal injuries.	3.1	Recognise suspected; <ul style="list-style-type: none"> •Concussion •Skull fracture •Cerebral compression •Spinal injury
		3.2	Administer first aid for suspected; <ul style="list-style-type: none"> •Concussion •Skull Fracture •Cerebral compression •Spinal injury
4.	Be able to administer First Aid to a casualty with suspected chest injuries.	4.1	Recognise the different types of chest injury.
		4.2	Administer first aid for a chest injury.
5.	Be able to administer First Aid to a casualty with burns and scalds.	5.1	Recognise the factors that affect the severity of burns and scalds.
		5.2	Administer first aid for burns involving; <ul style="list-style-type: none"> •Dry heat •Wet heat •Electricity •Chemicals
6.	Be able to administer First Aid to a casualty with an eye injury.	6.1	Give examples of common eye injuries.
		6.2	Administer first aid for eye injuries involving; <ul style="list-style-type: none"> •Dust •Chemicals •Embedded objects
7.	Be able to administer First Aid to a casualty with sudden poisoning.	7.1	Identify the routes that poisons can take to enter the body.
		7.2	Administer immediate first aid to a casualty affected by sudden poisoning.
		7.3	Identify sources of information for treating those affected by sudden poisoning.
8.	Be able to administer First Aid to a casualty with anaphylaxis.	8.1	Identify common triggers for anaphylaxis.
		8.2	Recognise anaphylaxis.
		8.3	Administer immediate first aid for a casualty suffering from anaphylaxis.
9.4.	Be able to provide First Aid to a casualty with suspected major illness. Be able to administer First Aid to a casualty with suspected chest injuries.	9.1	Recognise major illnesses including; <ul style="list-style-type: none"> •Heart Attack •Stroke •Epilepsy •Asthma •Diabetes
		9.2	Administer first aid to a casualty suffering from major illnesses including; <ul style="list-style-type: none"> •Heart Attack •Stroke •Epilepsy •Asthma •Diabetes

9 ASSESSMENT METHODS

9.1 This qualification is assessed by both practical observations and multiple choice questions.

9.2 Practical observation

9.2.1 Each learner will need to demonstrate their competence in 4 practical assessments. At least two of these need to be performed on the ground.

9.3 Multiple choice questions

9.3.1 There is one multiple choice question paper. Learners must achieve a minimum of 70% in each paper to pass.

9.4 **Example question**

9.4.1 A casualty suffering from sickle cell crisis will often have:

- A** Pain in the abdomen and long bones
- B** A rash that doesn't disappear when pressed
- C** A persistent cough and wheezy breathing

10 **REASONABLE ADJUSTMENTS**

10.1 All learners will have an opportunity to access fair assessment to demonstrate evidence of skills and knowledge. Requests for reasonable adjustments can be made to the Centre delivering the qualification.